



AT SOUTHERN ALBERTA
BIBLE CAMP

FUN . MEMORIES . GOD'S WORD

www.cschurch.ca/grade56retreat

Parent Info Book

Hello Parents,

Grade 5&6 Ministries is excited about your student coming to the retreat at Southern Alberta Bible Camp (SABC) on April 25 to April 27. This weekend will be a great time making memories and exploring who Jesus is, His role in our life, and what it means to live out our faith.

We have put together this package to help you and your student prepare for this exciting weekend. This package includes the following:

- Schedule, Drop Off & Pick Up info.
- Packing List, What NOT to bring & Phone Policy
- Behaviour expectations for the Retreat
- Contact information

Please read through the ENTIRE package so that you are fully informed and understand the expectations we have of everyone.

If you have any questions, please do not hesitate to contact us - grade56@cschurch.ca OR 403.520.1246

Schedule

Friday April 25

5:30PM Arrival/registration | CENTRAL CAMPUS - EAST DOORS

6:00PM Leave on Buses to go to SABC

8:00PM Arrive and Settle in to Camp

8:30PM Session #1

9:30PM Snack

9:50PM Wide Game

11:00PM Lights Out

Saturday April 26

8:00AM Wake up / Get ready / Morning Activity

8:30AM Breakfast

9:30AM Session #2

10:15AM Free Time

11:00AM Wide Game

12:30PM Lunch

1:30PM Activity Block 1

2:45PM Activity Block 2

4:00PM Activity Block 3

5:30PM Dinner

6:30PM Session #3

7:30PM Wide Game

8:45PM Camp Fire

11:00PM Lights Out

Sunday April 27

8:00AM Wake up / Morning Activities

8:30AM Breakfast

9:00AM Session #4

10:00AM Clean Up / Free Time

12:00PM Lunch

1:30PM Buses leave SABC

3:30PM Pick-Up at Central Campus

Packing List

This is an overnight event and rooms will be assigned for
students to be sleeping in, separate for boys and girls. Students
are expected to <u>bring their own bedding</u> (pillow, blanket,
sleeping bag). Below is a suggested list of items that students
should bring:

Sleeping Bag Pillow
Blanket
Changes of Clothes - for indoor/outdoor activities PJ's (it's a sleepover)
Appropriate footwear for indoor gym games Appropriate footwear for outdoor wide games
Towel for showering
Other toiletries (Toothbrush/Toothpaste, Deodorant, Soap, Shampoo, conditioner, etc.)
Warm Clothing for outside (boots, gloves, jacket, warm socks etc.) Bible, Journal, Pen

Please make sure all your items are labeled with the full name of the student participating.

What's Included

- All Food and accommodation
- Transportation to and from SABC*
- Snacks/ Crafts/Activities

^{*}If a student/family arrives <u>late and the buses have left,</u> parents will toppage responsible for driving their student to SABC.

<u>Please DO NOT bring any of the following (anything found will be confiscated):</u>

- Any prank material
- Fireworks
- Weapons of ANY kind including knives, sling shots, etc
- Matches or anything flammable

*We will contact parents if their child is found with any prohibited items. Next steps will be discussed, including having a parent come and pick up their child from camp early.

Phone Guideline

The purpose of this event is for students to have fun, make memories, and to connect with their leaders. When phones and devices are present they are often a distraction and can get in the way of achieving this goal. We respectfully ask that phones not be used to play games, social media, or texting etc. It is okay if a phone is being used for the purpose of taking pictures or for an emergency.

We will have conversations with any student that is using their phone outside of appropriate uses listed above. Grade 5&6 Ministries will contact parents if students are not able to follow the guidelines.

Bring your phone at your own risk. CSC or Grade 5&6 will not be responsible for any lost or damaged devices.

BEHAVIOUR EXPECTATIONS AND SICK STUDENTS

We want all students to have a great experience as they engage in fun activities while connecting with each other, their leaders and God. To accomplish this it is very important that students work together by following the behaviour expectations listed below.

Please review these carefully with your student so they know what is expected of them. When everyone works together in this area, we all can have fun!

Behaviour Expectations

- 1. Respect and listen to your leaders.
- 2. Be respectful of one another and their belongings. Be respectful and kind in how you speak to other students and the way you treat them.
- 3. Go to sleep when it's lights out.
- 4. Abide by SABC rules, listen to their staff at all times. Respect their property.
- 5. Engage and participate in activities, wide games, and sessions.
- 6. Have fun, learn lots, and make new friends!

***Students that are having difficulties with the above expectations will be spoken to by a staff member and given three opportunities to make a better and more responsible choice. If they choose to disregard those conversations and continue to be disrespectful in how they speak, treat others, lack of engagement in activities, or refusal to listen to their leaders then their parents will be called and the student will need to be picked up early from camp.

SICKNESS:

If your student isn't feeling well, the staff team will phone you to let you know what is happening. They will provide updates as needed while your student is assessed and cared for by our onsite first aid/medical team. If their condition worsens, the staff team will work with you on picking them up early from camp to ensure their ongoing safety and intentional care by you.

<u>Leader Expectations</u>

Please remember that we're at the retreat to connect with our students. This is **not** meant to be an exclusive time to hang out with leaders. Have fun, connect with your fellow leaders, but keep your focus on our students.

- 1. Before mealtimes, sessions, and activities, please make sure your group of students is present and continue to point students towards the scheduled activities.
- 2. Game time is a great time to have fun with your students. Don't forget to use these moments as ways to interact, spend time with, and get to know them better.
- 3. Chapel sessions are awesome times to sit with your students, learn and grow together, and have great conversations during discussion times. Be ready to pray for your students if the Holy Spirit prompts you to!
- 4. Leader snacks/refreshments are available in the leader lounge for you. If you need 5 minutes to chill and relax, please do so. However, remember that the focus of the weekend is on the students, so please be mindful of how long you spend in the lounge.
- 5. Ensure your students are in bed, calmed down/settled before you go to bed.
- 6. It is critical that you are in your room at night. <u>Leader Bedtime is 12:00AM.</u> We need all leaders in their rooms to ensure P2P is being followed.
- 7. Sleeping Arrangements/Changing/Showering: Students from the opposite sex are not allowed in each other's rooms or sleeping areas for any reason.
- 8. Leaders can NOT change in front of students. Please go into a private room or washroom to change out of sight.

EMERGENCY INFORMATION

There is always someone available to help during the retreat - day and night!

During the Day (until midnight) please find:

- Lydia Kidd
- Matt Schorr

During the night there will be someone available. These individuals will be located near the sleeping areas for each group. Students cannot leave the rooms (unless using the bathroom until 7:30 am)

Incident Reports: Anytime someone gets hurt (cut, bruised, collision with another student, hits the head, pushing match, bullying incident, allergic reactions etc.) we MUST complete an Incident Report. Staff members have the incident reports to be filled out shortly after the incident to ensure details are accurate etc.

<u>Medications</u>: Medication protocols are to be followed at all times. Do NOT, under any circumstance, give your student any medication, natural remedy, or things to alleviate sickness or illness. Talk with Lydia or Matt if you have any questions

Wide Game #1

Rules:

Wide Game #2

Rules:

Wide Game #3

Rules:

ON-SITE CONTACTS:

Grade 5&6 Ministries grade56@cschurch.ca (403) 520-1246

<u>Lydia Kidd | Grade 5&6 Ministry Coordinator</u> lydia.kidd@cschurch.ca (403) 918-8183

Matt Schorr | Family Ministry Pastor matt.schorr@cschurch.ca (403) 827-7543