

# Community Connections Mid Week Program



## What is Community Connections?

Community Connections is a program run through the Disability Ministry at Centre Street Church. On Tuesdays & Wednesdays from September to May, we host a variety of different classes and volunteering opportunities for adults with developmental disabilities and brain injuries.

## How Our Program Works

We have volunteers who lead each class and activity. Our volunteers lead the larger group, while paid support workers (provided by you) support the individuals to be fully engaged and participate. This sets everyone up for success.

## **What is the purpose of Community Connections?**

It provides opportunities for individuals with developmental disabilities and brain injuries to come together to:

- Learn who Jesus is and how much He loves each of us
- Have an opportunity to use our gifts and develop new skills
- Build community across agencies, family-managed supports and church members

## **What You Need to Know**

- Registration is required!
- Individuals must come with a support worker! Our program is set up for our volunteers to lead the classes with the understanding that support and care is done by paid support workers.
- All activities are free of charge
- Times of each class/activity vary, but only run on Tuesdays and Wednesdays
- All participants and individuals are welcome to come for their class, and eat their lunch and then head on their merry way! The cafe is open on Tuesdays/Wednesdays from 11:30am-1pm. They sell lunch, snacks, drinks, and other tasty treats.

## **What's New This Year?**

- Registration now looks different! Our registration will now be done on our church website!
- We have changed some of the times of our classes, so please read carefully as you register!
- We have a new class called the Kindness Cart. This is a pilot for a new initiative to help the staff of Centre Street Church feel appreciated. People serving in the Kindness Cart class will help build the program from scratch, including development, advertising, and delivering!

## **Contact Information**

Community Connections-Midweek Program

[community.connections@cschurch.ca](mailto:community.connections@cschurch.ca)

(403) 520-1206

## **How do I register?**

- Registration will now be done through our church website!
- Registering does not guarantee a spot. After you have registered, you will be contacted by a staff member to confirm your spot.

## Tuesdays

- We Serve (Tuesdays, 9:00am-11:30am)
  - Use your gifts and talents to serve our church community! We Serve focuses on different volunteer tasks around the church! We take a break at 10:15 for a snack and devotion.
- Music Fellowship (Tuesdays, 1pm-2pm) **\*NEW TIME\***
  - Come and enjoy a fun-filled interactive time with music! You will listen, sing, and play a musical instrument to a variety of worship songs and hymns.
- Sports (Tuesdays, 1:00pm-2:00pm)
  - Join us for an hour of sports, games, teamwork, and activities in our gymnasium!

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## Wednesdays

- Bible Study (Wednesdays, 10:00am-11:00am) **\*NEW TIME\***
  - Join us for a time of learning about Jesus and how to grow in a relationship with Him through small group and prayer!
- Kindness Cart (Wednesdays, 10:00am-1:00pm) **\*NEW\***
  - This is a pilot for a new initiative to help the staff of Centre Street Church feel appreciated! People serving in the Kindness Cart class will help build the program from scratch, including development, advertising, and delivering!