

**MAIN POINT:**

God's Story Equips Us

**MEMORY VERSE:**

*"I have told you these things so that you can have peace because of me. In this world you will have trouble. But be encouraged! I have won the battle over the world." John 16:33*

**BIBLE STORY SUMMARY:**

In the book of Ephesians, God tells us how we can be prepared for a spiritual battle by using the protection that He provides for us. When we "put on" the armour of God each day, we are shielded from the arrows of Satan, and equipped for following God.

**WATCH IT**

Find the lesson video on our website: <https://cchurch.ca/childrens-online>

**DO IT → ARMOUR OF GOD GAME**

**Supplies:**

- Game board (1 per child)
- Armour pieces (1 set per child)
- Die
- Pencil crayons or markers
- Scissors

**Activity Instructions:**

- Print out the templates.
- Have children colour their game board and pieces
- Cut out the pieces while you discuss the "Talk About It" questions.
- To play, have children take turns rolling a die. Whichever number they get, they should place the corresponding piece on their board. If they already have that piece, they lose a turn and say "God's Story Equips Us."

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## TALK ABOUT IT

1. **Whatever role we're doing, we need the right equipment. If we're playing hockey, we need padding and a helmet. If we're baking a cake, we need measuring cups and baking pans. What kinds of activities do you participate in that you need special equipment for? (Sports, safety gear, a hobby that requires equipment.)**
2. **God wants us to be equipped in this life. He wants to make sure that we have what we need to be able to protect our hearts against the lies that Satan tries to tell us. What sorts of things do we hear about ourselves that God says are not true? (Nobody loves me. I'm not important. I don't have good ideas. I've messed up too much for God to forgive me.) God tells us that those are lies, but He fills His Word, the Bible, with His truth. When we know what God really says about us, we are able to push away the lies from Satan because we are standing firmly in the truth. What does the Bible tell us about who God says we are? (Loved, forgiven, chosen, His children.)**
3. **This week, practice putting on the armour of God to be equipped for following Him. Every morning, hold up each of the game pieces from the lesson and say, "I'm equipped with \_\_\_\_\_" as you say each piece. Then you can go through each day with confidence, knowing that God is with you! (Practice this now with the kids to demonstrate what to do this week.)**

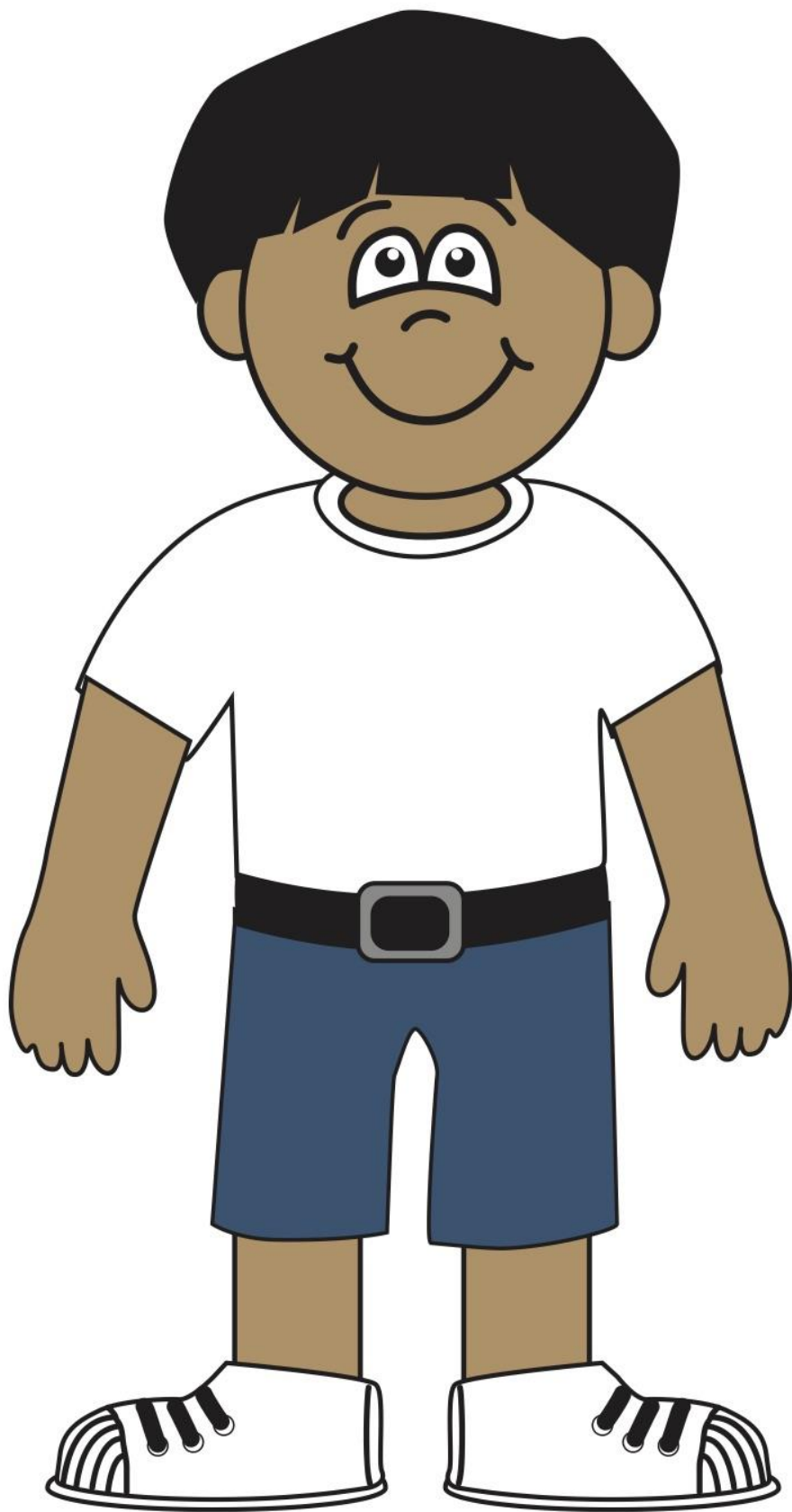
## FAMILY PRAYER:

**Dear God, Thank You for giving us the right equipment for everything that we face. We know that we don't have to be afraid, because You are always with us. We love You. In Jesus' name, Amen.**

## OFFERING:

Our Children's Ministries offering from April to June will be going to The Well Cafe, a ministry of Centre Street Church. The Well Café is a place for people to connect in community as they share a free, hot meal together.

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Roll a die to add a piece of your armour. (see chart to right). If you roll a number you already have, lose a turn and instead say "God's Story Equips Us."

- |                |           |
|----------------|-----------|
| 1- Helmet      | 4- Shoes  |
| 2- Breastplate | 5- Shield |
| 3- Belt        | 6- Sword  |

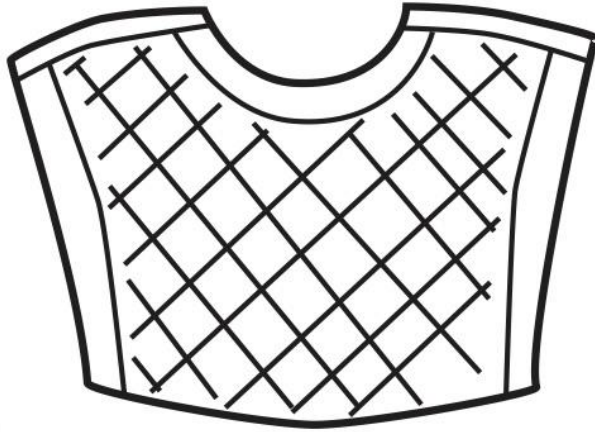
(If you need additional game boards for siblings or family members you can download our parent discussion guide in the video lesson description for more copies.)



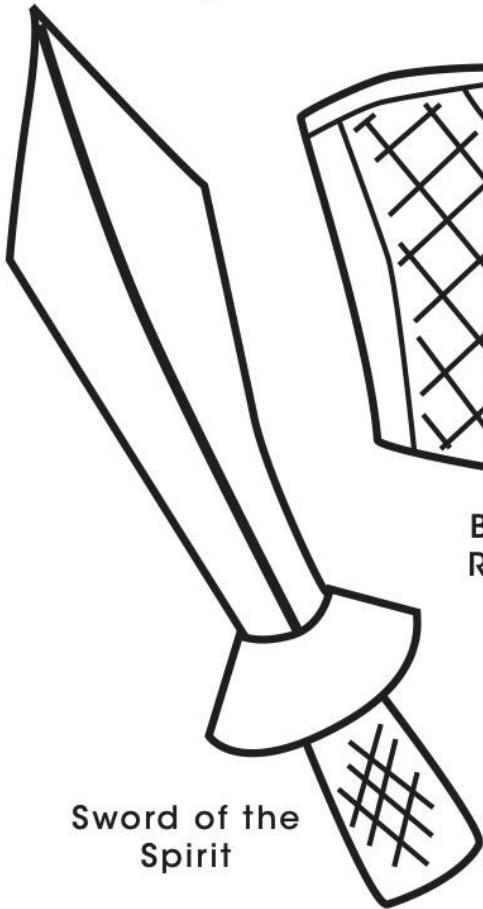
Helmet of  
Salvation



Shield of Faith



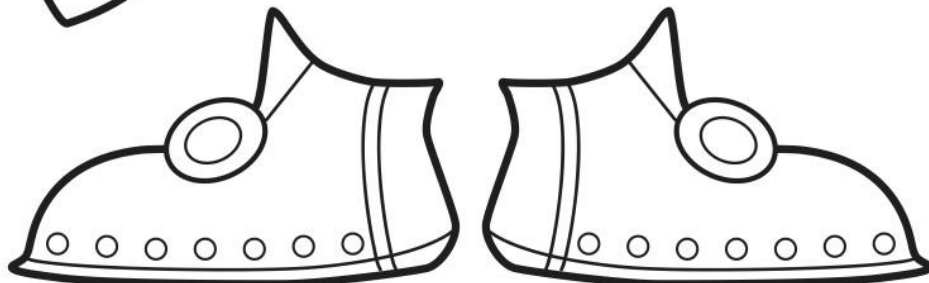
Breastplate of  
Righteousness



Sword of the  
Spirit



Belt of Truth



Shoes fit with the Gospel of Peace